



High School Café Lunch Menu January 2019

More info...

Come Join us at the
Taco Station For a
Fiesta of Flavor!

More info...

Visit the Sub Station.
Perfect for a Hot
Day!



This institution is an equal opportunity provider.

31

No School
Winter Break

1

No School
Winter Break

2

Orange Chicken w/
Broccoli & Lo Mein
Noodles

Salad: Chicken & Cheese

Steamed Carrots
Mashed Potatoes

3

Italian Rice & Popcorn
Chicken w/ Sauce &
Breadstick

Salad: Chicken & Cheese

Black Charro Beans
Mashed Potatoes

4

Walking Taco w/
Cheese Sauce

Salad: Chicken &
Cheese

Steamed Broccoli
Mashed Potatoes

7

Chicken Drumstick w/
Dinner Roll

Salad: Chicken Caesar

Steamed Zucchini
Mashed Potatoes

8

Vegetarian Chili w/
Breadstick

Salad: Chicken Caesar

Steamed Carrots
Mashed Potatoes

9

Country Chicken Nugget
Bowl w/ Dinner Roll

Salad: Chicken Caesar

Steamed Green Beans
Mashed Potatoes

10

General Tso's Beef w/
Vegetables & Yellow Rice

Salad: Chicken Caesar

Kickin Pinot Beans
Mashed Potatoes

11

Southwest Baked
potatoes w/ Dinner Roll

Salad: Chicken Caesar

Steamed Broccoli
Mashed Potatoes

14

Salisbury Steak

Salad: Ranch Chicken

Steamed Corn
Mashed Potatoes

15

Sweet & Sour Popcorn
Chicken w/ Broccoli &
Rice

Salad: Ranch Chicken

Peas & Carrots Blend
Mashed Potatoes

16

BBQ Pork Riblet
Sandwich

Salad: Ranch Chicken

Baked Beans
Mashed Potatoes

17

Korean Meatball Stew
w/ Rice

Salad: Ranch Chicken

Steamed Green Beans
Mashed Potatoes

18

No School

21

No School
MLK Day

22

Parmesan Chicken
Spaghetti w/ Sauce

Salad: Chicken Caesar

Steamed Green Beans
Mashed Potatoes w/
Gravy

23

Chili Cheese Baked
Potatoes w/ Soft pretzel

Salad: Turkey Chef

Steamed Carrots
Mashed Potatoes W/
Gravy

24

Sausage & Red Beans
Bowl w/ Rice Santé Fe

Salad: Popcorn Chicken

Baked Beans
Mashed Potatoes w/
Gravy

25

Egg Roll w/ Fried Rice

Salad: Ham Chef

Steamed Broccoli
Mashed Potatoes w/
Gravy

28

Mac & Cheese w/ Ham
& Breadstick

Salad: Ham Chef

Steamed Peas
Mashed Potatoes

29

Spicy Popcorn Chicken
Bowl w/ Soft Pretzel

Salad: Turkey Chef
Salad

Steamed Corn
Mashed Potatoes

30

Ravioli w/ Sauce &
Breadstick

Salad: Egg Chef

Steamed Carrots
Mashed Potatoes

31

Thai Chicken Tender
Bowl w/ Cilantro Rice

Salad: Turkey Chef

Chipotle Beans
Mashed Potatoes

1

Cajun Chili Fries Bowl
w/ Pretzel roll

Salad: Chicken &
Cheese

Steamed Broccoli
Mashed Potatoes